

## **Introduction to Evidence Based Medicine: Examination of the Knee**

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- **JAMA recommendations on the detection of knee injuries** (Solomon DH et al. Does this patient have a torn meniscus or ligament of the knee?: the value of the physical examination. JAMA. 2001;286:1610-1620):
  - JAMA recommended physical exam:
    - Alignment
    - ROM
    - Effusion
    - Joint line tenderness
    - Lachman test
    - ADT & PDT
    - Lateral pivot shift test
    - McMurray test